



Captain George's Restaurant  
1956 Laskin Road  
Virginia Beach, VA 23454  
(757) 428-3494

---

Summer 2006

Dear Seafood Lover,

How does an overstuffed plate of crab legs, steamed spiced shrimp, and fried clams sound about now? Sounds good, doesn't it? Well, what if we told you that there's a restaurant where you will enjoy all of this plus fried clams, fried oysters, and baked cod *and* enjoy stained glass nautical artwork?

That's right! While you're finishing up your last mouthful of deviled crab, here comes the waitress refilling your sweet tea or bringing you a dollop of tartar sauce. Maybe even a little cocktail sauce. Is there something else that you couldn't find on the buffet? No problem--just ask!

But where will all of this seafood come from? Well, my friend it will come locally. Yes, we said locally. Everything is fresh and local. It is called Captain George's Seafood. Located in Virginia Beach right in the downtown area on 1956 Laskin Road. Now with five other beach locations, this one has become a must in Virginia Beach for all seafood buffet lovers.

This wooden-style beachnik property houses two of the largest stained glass ceiling artworks, which are both 34 feet in diameter and weight 5 tons. Both hang overhead in two of the dining halls as onlookers gaze into the nautical scene of fish and mermaids. Both were purchased in 1984 for \$125,000 each.

Upon parking your car you begin to unwind from your daily grind. Even though this is a buffet style restaurant, it isn't the usual rushed assembly-line style most customers are used to. The buffet stations are adequately broken down into smaller stations.

Once inside you will sit at a vinyl booth or one of the finished oak tables and chairs with each room decorated in a different nautical theme. Don't forget to order one of many fine Virginia wines with your meal. Unlimited quantities of soda, coffee, and tea are also available.

Relax and let the feast begin! Whether you start your meal with a trip to the salad bar to start with homemade crab salad and crackers or with homemade New England Clam Chowder, the wait staff will keep your beverages flowing and your condiments filled. Fresh salad vegetables are also available, so make your own salad.

Hear what some of the other customers say about 220 Seafood:

**"I like coming here and paying one price and filling up on what I really want." --Joe Corbett, union mechanic from Front Royal, Virginia**

**"I like coming here, because I don't like to cook seafood at home. It smells up the house. A lot of things like deviled crabs, I wouldn't even know how to make." --Audrey Payne, retired teacher from Harpers Ferry, West Virginia**

**"We're on vacation down here from Massachusetts. The clams and crabs are great." --Mary and Steve Johnson, tourists from Grafton, Massachusetts**

What makes Captain George's Seafood unique? Just ask Marvin Jones, the manager, "While there are many all-you-can-eat seafood buffet restaurants in the area, we take pride in having a larger menu. We don't skimp on dessert. We have 25 homemade desserts every lunch and dinner. We also have our famous stained glass artwork, which no other restaurant can boast about."

Well, seafood lover, are you ready to enjoy some seafood? Well, don't get your hopes up. After all, Captain George's Seafood is closed for Christmas, but is open every day throughout the year.

So if you are a true seafood lover—and we know that you are—you can't let those succulent, Alaskan crab legs wait one more day.

How fast can you get ready? And welcome to Virginia Beach. Hope you enjoy your stay.

***-- Captain George's Restaurant***